

# Prevention, Consultation and Medical Examination for the Novel Coronavirus

(March 4, 2020)

The Japan Ministry of Health, Labor and Welfare issued the advice on prevention, and the criteria for consultation and medical examination on February 20, 2020.

- If you have cold symptoms, such as a fever of 37.5°C or above, refrain from attending class and/or work at the university and stay at home.
- While staying at home, keep a close eye on your health while recording your body temperature.

Call or email the relevant division

## International Students

### International Exchange Division

TEL : 0852-32-6106  
(Ext. : 2074)  
Email : [ied-ryugaku@office.shimane-u.ac.jp](mailto:ied-ryugaku@office.shimane-u.ac.jp)

## Faculty and Staff Member (Matsue Campus)

### Personnel Planning and Labor Management Group, Personnel Labor Division

TEL : 0852-32-6622  
(Ext. : 2122)  
Email : [pld-romu@office.shimane-u.ac.jp](mailto:pld-romu@office.shimane-u.ac.jp)

## Faculty and Staff Member (Izumo Campus)

### Personnel Management Officer General Affairs Division, Faculty of Medicine

TEL : 0853-20-2023  
(Ext. : 2023)  
Email : [mga-romu@office.shimane-u.ac.jp](mailto:mga-romu@office.shimane-u.ac.jp)

Please contact the consultation center if you fall under the following conditions.

- Cold symptoms and/or a fever of 37.5°C or above for four consecutive days or more
- Strong drowsiness (malaise) or difficulty breathing (dyspnea)

The following people are more likely to become seriously ill. If you are one of the following, please follow the procedure if conditions persist for two days:

- Senior citizen
- Patient with diabetes, heart failure, respiratory disease or who are on dialysis
- Those who use immunosuppressant or anticancer drugs
- Pregnant woman

**Contact the consultation center\*** and receive a medical examination at the specified medical institution.

Call or email the above relevant divisions in the case you have been diagnosed with the infectious disease or diagnosed to be suspected to have contracted the infection

Call or email the Health Service Center on your campus after recovery

## Matsue campus

- ❑ **Contact the Health Service Center either by phone or email**  
TEL : 0852-32-6568 (Ext. : 2801)  
Email : [health@soc.shimane-u.ac.jp](mailto:health@soc.shimane-u.ac.jp)

## Izumo campus

- ❑ **Contact the Health Service Center Izumo either by phone or email**  
TEL : 0853-20-2099  
Email : [satoezoe@med.shimane-u.ac.jp](mailto:satoezoe@med.shimane-u.ac.jp)

## \* Consultation Centers in Shimane

Hours of Operation (Mon. – Fri., 8:30 – 17:15)	
Public Health Center	Designated Telephone Number
Matsue City, Matsue Public Health Center established jointly with Shimane Prefecture	0 8 5 2 – 3 3 – 7 6 7 3
Unan Public Health Center	0 8 5 4 – 4 7 – 7 7 7 8
Izumo Public Health Center	0 8 5 3 – 2 4 – 7 0 2 8
Central Shimane Public Health Center	0 8 5 4 – 8 4 – 9 8 1 2
Hamada Public Health Center	0 8 5 5 – 2 9 – 5 9 7 0
Masuda Public Health Center	0 8 5 6 – 3 1 – 9 5 1 2
Oki Islands Public Health Center	0 8 5 1 2 – 2 – 9 6 0 0

## \* General consultation/inquiry

Hours of Operation (Mon. – Fri., 8:30 – 17:15)

Public Health Center	Designated Telephone Number
Matsue City, Matsue Public Health Center established jointly with Shimane Prefecture	0 8 5 2 – 3 3 – 7 6 3 8
Unan Public Health Center	0 8 5 4 – 4 7 – 7 7 7 7
Izumo Public Health Center	0 8 5 3 – 2 4 – 7 0 1 7
Central Shimane Public Health Center	0 8 5 4 – 8 4 – 9 8 1 0
Hamada Public Health Center	0 8 5 5 – 2 9 – 5 9 6 7
Masuda Public Health Center	0 8 5 6 – 2 5 – 7 0 1 1
Oki Islands Public Health Center	0 8 5 1 2 – 2 – 9 9 0 0
Health Promotion Division Shimane Prefecture Government	0 8 5 2 – 2 2 – 5 8 4 2 (FAX 0 8 5 2 – 2 2 – 6 3 2 8) Communication via FAX is available for those with hearing impairments