

Persons who Domestically have had Close Contact with People Diagnosed with the Novel Coronavirus or Diagnosed Suspected to be Infected

(Mar. 4, 2020)

From February 1, 2020, the novel coronavirus has been labeled as a designated infectious disease. **Those diagnosed with the infectious disease or diagnosed to be suspected to have the infection will be suspended from attending classes and/or work ("Work Ban") until they have recovered.** Please follow the instructions below in order to thoroughly carry out infectious disease control within the university. **These instructions may change on future changes in the situation.**

Students, faculty and staff members who domestically have had close contact with people diagnosed with the infectious disease or diagnosed to be suspected to be infected should immediately call or email relevant department, regardless of your overseas travel history.

* What is "close contact"?

- Living with or spending long periods of time with someone suspected of contracting the novel coronavirus (includes being in a car together or on the same flight).
- Medical examination, care or nursing care of patient suspected of contracting the novel coronavirus who is not following appropriate infection protection.
- High probability of having directly come into contact with contaminants such as respiratory secretions and bodily fluids of a person suspected of contracting the novel coronavirus.
- Directly contacting a case of COVID-19 without any protection, or being within approximately 2 meters of a case of COVID-19 → This applies in the case where your work place had a COVID-19 case

International Students

International Exchange Division

TEL : 0852-32-6106
(Ext. : 2074)

Email : ied-ryugaku@office.shimane-u.ac.jp

Faculty and Staff Member (Matsue Campus)

Personnel Planning and Labor Management Group, Personnel Labor Division

TEL : 0852-32-6622
(Ext. : 2122)

Email : pld-romu@office.shimane-u.ac.jp

Faculty and Staff Member (Izumo Campus)

Personnel Management Officer General Affairs Division, Faculty of Medicine

TEL : 0853-20-2023
(Ext. : 2023)

Email : mga-romu@office.shimane-u.ac.jp

Have a fever/coughing within 2 weeks after having close contact

● Keep a close eye on your health while recording body temperature on the Self-Health Checklist for 2 weeks after having close contact

- Refrain from going out and stay at home

Have a fever/coughing within 2 weeks having close contact

No symptoms appear for 2 weeks

Contact the consultation center* and receive a medical examination at the specified medical institution.

Report to the Health Service Center on your campus

Follow-up period ends

If you are diagnosed with the coronavirus infectious disease or are suspected of having contracted the virus, call or email the Health Service Center on your campus

- ❑ Health Service Center Matsue Campus

TEL : 0852-32-6568 (Ext. :2801)

E-mail : health@soc.shimane-u.ac.jp

- ❑ Health Service Center Izumo Campus

TEL : 0853-20-2099

E-mail : satoezoe@med.shimane-u.ac.jp

- ❑ Reasonable arrangements in study/work

- ❑ Report to the Health Service Center after recovery

* Consultation Centers in Shimane

| Hours of Operation (Mon. – Fri., 8:30 – 17:15) | |
|---|-----------------------------|
| Public Health Center | Designated Telephone Number |
| Matsue City, Matsue Public Health Center established jointly with Shimane Prefecture | 0 8 5 2 – 3 3 – 7 6 7 3 |
| Unnan Public Health Center | 0 8 5 4 – 4 7 – 7 7 7 8 |
| Izumo Public Health Center | 0 8 5 3 – 2 4 – 7 0 2 8 |
| Central Shimane Public Health Center | 0 8 5 4 – 8 4 – 9 8 1 2 |
| Hamada Public Health Center | 0 8 5 5 – 2 9 – 5 9 7 0 |
| Masuda Public Health Center | 0 8 5 6 – 3 1 – 9 5 1 2 |
| Oki Islands Public Health Center | 0 8 5 1 2 – 2 – 9 6 0 0 |

* General consultation/inquiry

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| Central Shimane Public Health Center | 0 8 5 4 – 8 4 – 9 8 1 0 |
| Hamada Public Health Center | 0 8 5 5 – 2 9 – 5 9 6 7 |
| Masuda Public Health Center | 0 8 5 6 – 2 5 – 7 0 1 1 |
| Oki Islands Public Health Center | 0 8 5 1 2 – 2 – 9 9 0 0 |
| Health Promotion Division Shimane Prefecture Government | 0 8 5 2 – 2 2 – 5 8 4 2 (FAX 0 8 5 2 – 2 2 – 6 3 2 8) Communication via FAX is available for those with hearing impairments |